



Harris County
Department of
Education

FALL 2021 NEWSLETTER

TRADUCCIÓN EN ESPAÑOL INCLUIDA - PG. 7



DIRECTOR'S CORNER

Welcome Back!

VENETIA L. PEACOCK



We are so excited to see our children and families back on our Head Start campuses. We know it's been a challenging time for everyone, but we are grateful for the opportunity to once again partner with parents. We are doing everything in our power to ensure our students return safely to in-person services.

We are here to support our students, families and staff. I firmly believe we are stronger together, and together we will ensure that our students have a productive school year. To this end, we will continue with the safety measures put in place to prevent the spread of COVID-19. We want all parents to be confident about sending their children back to us.

There are many projects to be excited about, including the continuing expansion of our Early Head Start program. Our recent addition of EHS at Barrett Station, Humble, Successful Starters Learning Academy II and Community Partners Early Childhood Development Center are in full swing. The completion of the newly renovated facility at La Porte is getting its finishing touches. It is our goal to eventually have all Early Head Start campuses provide high quality infant and toddler care. We recognize that there is a high need in our community.

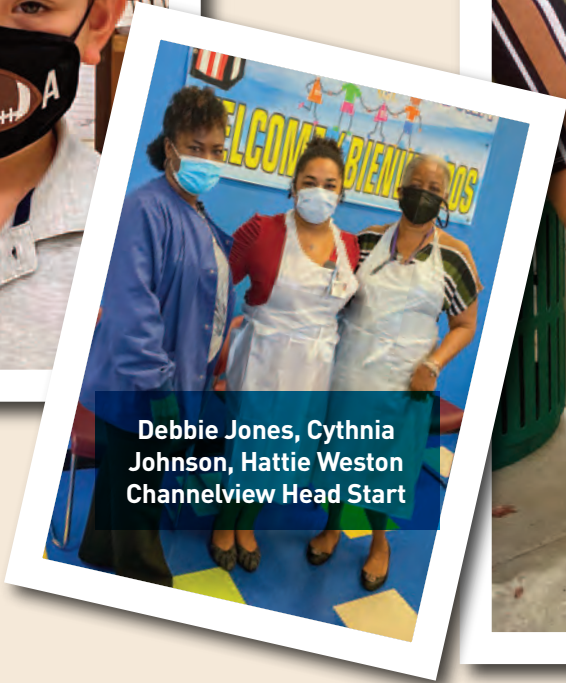
I also want to take this opportunity to say "thank you" to all of the Head Start staff and the support division within HCDE. It has been an extremely busy summer with many adaptations throughout. I'd like to express my gratitude to our team for the excellent work they do daily.

Let's all work together to stay safe and make this a successful school year!

Impact of Head Start to be celebrated

All the wonderful ways Head Start has impacted children and families will be cause for celebration during Head Start Awareness Month in October. Head Start Director Venetia L. Peacock said they are planning to have celebrations on each campus during October, though whether those will be in-person or virtual has yet to be decided.

"This is a time that gives us the opportunity for us to reflect on the important impacts that Head Start has had on children and families for generations," Peacock said. "We want to use this month to highlight what our Head Start program is doing to improve school readiness for children and the community."



Debbie Jones, Cythnia Johnson, Hattie Weston
Channelview Head Start



Channelview
Head Start

Campuses continue COVID-19 prevention measures

Virtually all the safety measures that were put in place to prevent the spread of COVID-19 will remain through the fall semester. **Gulshan Rahman, Assistant Director of Compliance and Family Services, said they will revisit the guidelines and determine whether to make adjustments.**

“Our decisions are based on our community’s COVID-19 risk level indicators, current CDC guidelines, and requirements from the Office of Head Start, Department of State Health Services, Harris County Public Health, Houston Health Department and Childcare Licensing,” Rahman wrote in an email.

Here’s what parents, staff and students can expect.

- Masks are required for all visitors, staff and students 2 years and older.
- Students and staff must complete a daily symptom assessment before coming on campus. Based on the results, they may have to stay home and follow a return-to-school procedure.
- Parents must complete a symptom assessment and temperature check before coming on campus.
- Parents must follow campus instructions for drop-off and pick-up.
- Meals will be individually plated, but students can sit together.
- Toothbrushing is suspended until further notice.
- Classrooms may return to full size.
- Students will remain with the same caregiver throughout the day.
- All children will have outdoor play.
- The number of people allowed in and out of classrooms will be restricted.
- Cleaning and sanitizing schedules will remain in place.
- Employees and service providers, such as speech therapists, must follow entry procedures before coming on the campuses.
- SuperMENTors and Community Readers may be virtual.
- Parent volunteers will be limited and must be approved in advance.
- Parent Committee, Family Connection, Home Visits and Parent-Teacher Conferences will be conducted virtually. Policy Council meetings will be in-person and virtual.

Literacy programs in need of volunteers

Two long-time SuperMENTors said they are looking forward to reading in person this year — depending on the COVID-19 safety protocols. But even if it's virtual again, they'll be there.

"Reading to children, it puts you on the level of what they see, hear and communicate and what's going on in their world," Fonwood volunteer Stefan Skinner said.

Skinner, a youth minister, said though it was more challenging last year reading virtually, he found the experience rewarding. He said it's important for young children to see a man involved in their education, especially for those who don't have a father figure at home.

Now in his fifth year as a SuperMENTor at Fifth Ward through his job at Bank of Texas, Chris Frey said the experience has been "extremely rewarding" for him, while it furthers Bank of Texas' opportunity to support early childhood education.

"I can't speak highly enough about the program," Frey said. "I get to interact with the same students through the year, and the kids are so excited to see you."

The SuperMENTor program needs more men like Frey and Skinner to commit to a once-a-month reading activity for the school year in an effort to boost early childhood literacy and bring male volunteers into classrooms. If a monthly commitment is too much, there is an opportunity to read to Head Start students for special events, thanks to a new initiative called Community Readers. People in the community are invited to read to students just twice in the school year, during Head Start Awareness month in the fall and the Week of the Young Child in the spring.

"It's an opportunity for community partners to interact with the children and see Head Start in action," said Venetia L. Peacock, HCDE Head Start Director.

To volunteer, contact a Campus Manager.



Policy Council, Parent Committees need you

New and existing parents are encouraged to attend campus Parent Committee meetings and to consider being a Policy Council Representative for their campus. Parent Committee meetings give parents an opportunity to find out what's happening on their campus and get to know other parents and staff, while Policy Council Reps are involved in the decision making for HCDE Head Start as a whole.

"I encourage all parents to come to the Parent Committee meetings," said Cesilia Pereira, Family Services Coordinator. "Children whose parents are involved in their education tend to do better in school on the whole."

Policy Council is the governing body of HCDE Head Start, which makes decisions about everything from budgets and staffing to policy and procedures. It is made up of parent representatives elected from each campus, as well as administrators. Meetings are on the evening of the third Tuesday of the month. If meetings are in-person, childcare and dinner are provided, and mileage is reimbursed.

Policy Council Reps serve as a go-between for their campus and Policy Council. They report back to their campus Parent Committee, which is open to all parents of that campus. Parent Committee meetings, scheduled once a month, are to discuss issues and events that directly affect the campus.

Olga Magallon, Chair of the Policy Council and a parent at J.D. Walker, said her experience on Policy Council has been invaluable. She said she's developed leadership skills, learned a lot about the workings of Head Start and made some great friends.

"It gives you a voice to advocate for your child and your campus and the other campuses," Magallon said. "You have a lot of input on important issues, like how funds are being spent."

Marissol Montalvo, Family Services Coordinator, has seen how serving on Policy Council has given parents more confidence and developed their leadership skills. She said those traits help with job prospects and in continuing to be a voice for their child's education.

Parent satisfaction key to recruitment

Having seen the progress their children made in Head Start, two parents couldn't recommend it enough. Gilberto Camacho said Humble Early Head Start and Head Start programs provided the right setting and all the support and interventions his 3 year-old daughter Barbara and 5 year-old son Milo, both of whom are autistic, needed.

"I am so grateful for the program," Camacho said. "I have seen so much progress and success."

Barbara will continue in Head Start, while Milo will go on to kindergarten in Humble ISD.

After being laid off from his job, David Veliz found the low-cost, quality child care he needed for his 2 year-old son Joseph at Purpose Kids, an Early Head Start Childcare Partner. He said it has been a good experience for his son, who has delayed speech.

"Purpose Kids has been working with him," Veliz said. "I recommend it. It helps kids learn to get along with each other and prepares them for being in an educational setting."

Family Services Coordinators want to recruit more families like Camacho's and Veliz's and generally boost applications, which have been down during the pandemic. Between them they are recruiting infants and children up to 5 years for 21 campuses, 11 of which include Early Head Start.

Recruitment takes many forms, from television and social media campaigns to placing fliers in community centers and elementary schools. But word-of-mouth is a powerful recruitment tool, and Camacho and Veliz's positive experiences are a great help, despite fears about COVID-19.

Michele Nwokobia, Family Services Coordinator, said some families are still not comfortable sending their children to school. But with a new school year and continued safety measures to prevent the spread of COVID-19, coordinators are hopeful about filling the Early Head Start and Head Start slots. The federally-funded slots are free for families who qualify. **To apply, visit www.hcde-texas.org/head-start or call 713-672-9343.**

Early Head Start continues growth

The expansion of the Early Head Start program continues unabated with the addition of services at Barrett Station, Humble and two private childcare partners. This brings the total to five EHS programs within existing Head Start sites. They include the recently opened Tidwell and La Porte programs and Baytown, which opened five years ago.

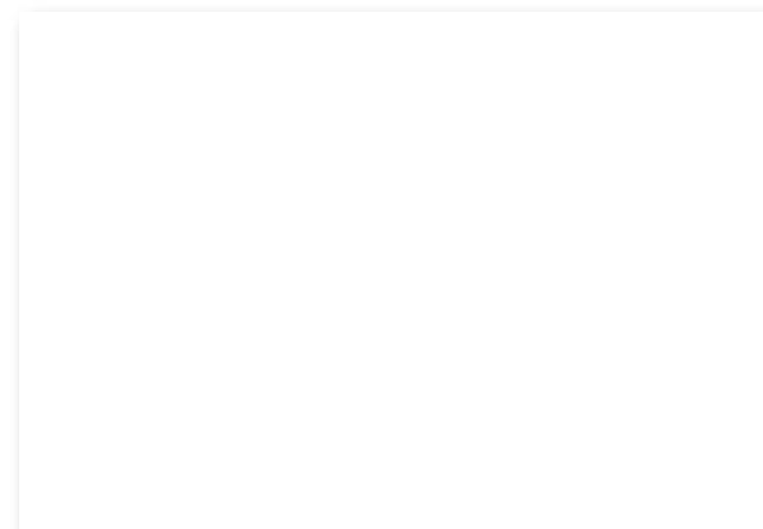
Between them, the EHS sites have 268 slots. La Porte's program, which opened earlier this year, has been providing virtual instruction while the building was under construction. The building is now open for in-person instruction.

"We are very excited about physically seeing new little faces and looking forward to an awesome school year," La Porte Campus Manager Nadia Epps said.

Like La Porte, the Tidwell program is "good to go," according to Campus Manager Carla LeVeaux. Tidwell's program opened in February with 8 virtual students but is now fully opened. LeVeaux said the EHS program was an easy sale to families in the area, many of whom already had children in Head Start.

EHS is a federally funded program for low income families that serves children under the age of 3 and their families. Services are tailored to meet the needs of infants and toddlers and provide support for their families, to help them move toward self-sufficiency. The program promotes the physical, cognitive, social and emotional development of infants and toddlers through safe and developmentally enriching caregiving. This prepares children for continued growth and development in school and life.

HCDE Head Start's partnerships with Community Partners Early Childhood Development Center and Successful Starters Learning Academy II bring the total number of partnerships with private childcare centers to six.



MARK YOUR CALENDAR

SEPTEMBER

6Labor Day Holiday (Campuses Closed)
7-21Student Assessments
28Policy Council Meeting

OCTOBER

5Policy Council Training
12Policy Council Training
14-15Parent Teacher Conferences
18Staff Development Day (Campuses Closed)
18-28Campus Head Start Awareness Events
19Policy Council Meeting
29Head Start Awareness Event

NOVEMBER

10Staff Development Day (Campuses Closed)
15-19Harvest Festival
16Policy Council Meeting
19Early Dismissal (Head Start Campuses Only)
22-26Thanksgiving Break (Campuses Closed)

DECEMBER

14Policy Council Meeting
17Early Dismissal (Head Start Campuses Only)
20-31Winter Break (Campuses Closed)

Check with a Campus Manager for details of these and other happenings as dates may vary according to each campus.



Attendance matters!

As the new school year gets under way, Head Start and Early Head Start staff want parents to understand that maintaining good attendance and arriving on time is crucial to their child's development and success not only at Head Start but in their future schooling. In addition, attendance is crucial to the Head Start agency, which has to meet certain requirements to qualify for funding and assist families.

The first 45 days of the fall semester are especially important as there are developmental screenings to assess the educational needs of each child. Beyond that, children who arrive on time and come every day, barring illness or unforeseen circumstances, settle in more quickly, are more engaged, develop good habits and have better learning outcomes.

"Children feel better about school and themselves," Education and Special Services Manager Pamela Jones-Lee said.

Jasmine Imo, Health and Family Services Manager, said students who attend every day learn how to be a good citizen and have opportunities throughout the day to learn valuable social and emotional skills that will benefit them for a lifetime.

To ensure all students are ready for school and federal funding requirements are fulfilled, HCDE Head Start has to keep tabs on enrollment and attendance. Students are required to be present at least 85 percent of the time to be able to access all the benefits of Head Start. Should regular attendance become a problem, campus staff will work with families to help them identify barriers which impact their attendance. From that point staff will work on a plan to help the student improve their attendance. Parents whose children are going to be absent should contact their campus and provide a doctor's note as needed.

Healthy habits for a lifetime

Now more than ever with COVID-19 still in our midst, it is crucial to keep children healthy and safe. With that in mind, HCDE Head Start will observe Child Health Day on Oct. 4 to remind families to incorporate healthy habits into their everyday lives and do all they can to prevent childhood illnesses.

"Children deserve to be healthy beyond their circumstances, both physically and mentally," said Tanesha Townsend, Health Services Coordinator. "National Child Health Day is a perfect day to incorporate healthy habits into their lives."

Here are a few tips parents can do to help their children stay healthy and active:

- Play outside.
- Go for a walk.
- Ride a bike.
- Stay up-to-date on immunizations.
- Schedule routine check-ups.
- Model healthy habits — such as eating vegetables.

Partnership boosts private day care

The owner of Let's Learn in Baytown said she's been able to improve and enhance their services thanks to the HCDE Early Head Start Child Care Partnership (EHS-CCP). Danielle Paul started a child care service from her home in Baytown 16 years ago and has grown it into a thriving business. But, she said partnering with Early Head Start six years ago has enabled her to offer a research-based curriculum, provide staff training and buy new equipment, all of which benefit not only the Head Start students but all her charges.

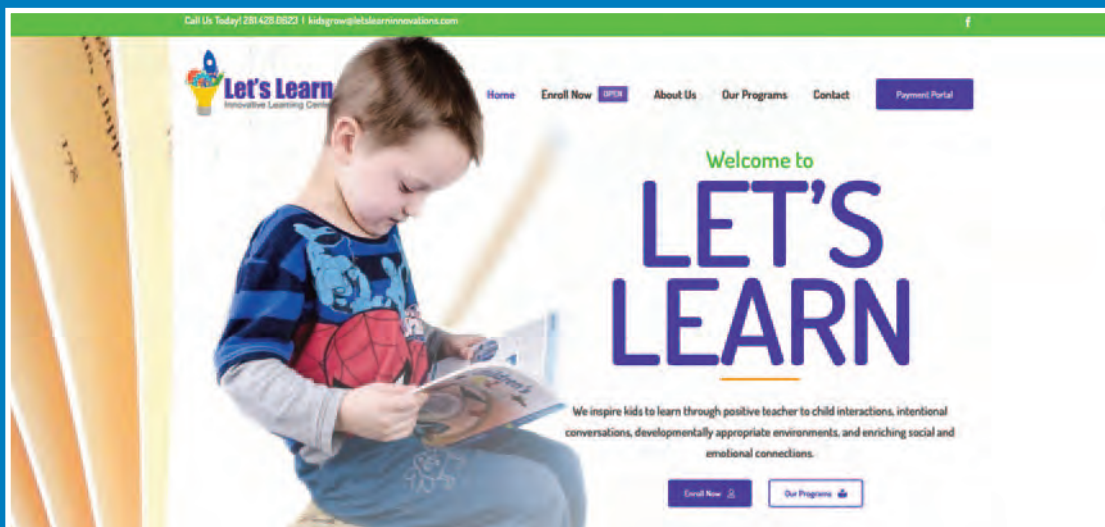
Today, Paul owns the building she started out renting and has added two new classrooms, bringing the total to five. She serves around 80 children six weeks to 12 years. As an EHS-CCP, Paul has eight Early Head Start slots to offer.

"Because we serve low income families, when Head Start came we were able to offer more," Paul said. "It's been helpful across the board, for our children and for the community."

Let's Learn is one of six privately run childcare centers in the Houston area that are Early Head Start partners.



**Danielle Paul - Site Director
Let's Learn Innovative
Learning Center**





FALL 2021 NEWSLETTER

¡Bienvenidos!

RINCÓN DEL DIRECTOR

VENETIA L. PEACOCK



Estamos muy contentos de ver a nuestros niños y familias de vuelta en nuestros campus de Head Start. Sabemos que ha sido un tiempo desafiante para todos, pero estamos agradecidos por la oportunidad de asociarnos una vez más con los padres. Estamos haciendo todo lo que está en nuestro alcance para asegurar que nuestros estudiantes regresen de forma segura a los servicios presenciales.

Estamos aquí para apoyar a nuestros estudiantes, familias y personal. Creo firmemente que somos más fuertes juntos, y juntos nos aseguraremos de que nuestros estudiantes tengan un año escolar productivo. Para ello, continuaremos con las medidas de seguridad puestas en marcha para evitar la propagación del COVID-19. Queremos que todos los padres confíen en enviar a sus hijos a nuestro centro.

Hay muchos proyectos que nos entusiasman, incluyendo la continua expansión de nuestro programa Early Head Start. Nuestra reciente adición de EHS en Barrett Station, Humble, Successful Starters Learning Academy II y Community Partners Early Childhood Development Center está en pleno apogeo. Nuestro objetivo es que finalmente todos los campus de Early Head Start proporcionen atención de alta calidad para bebés y niños pequeños. Hemos reconocido que hay una gran necesidad en nuestra comunidad.

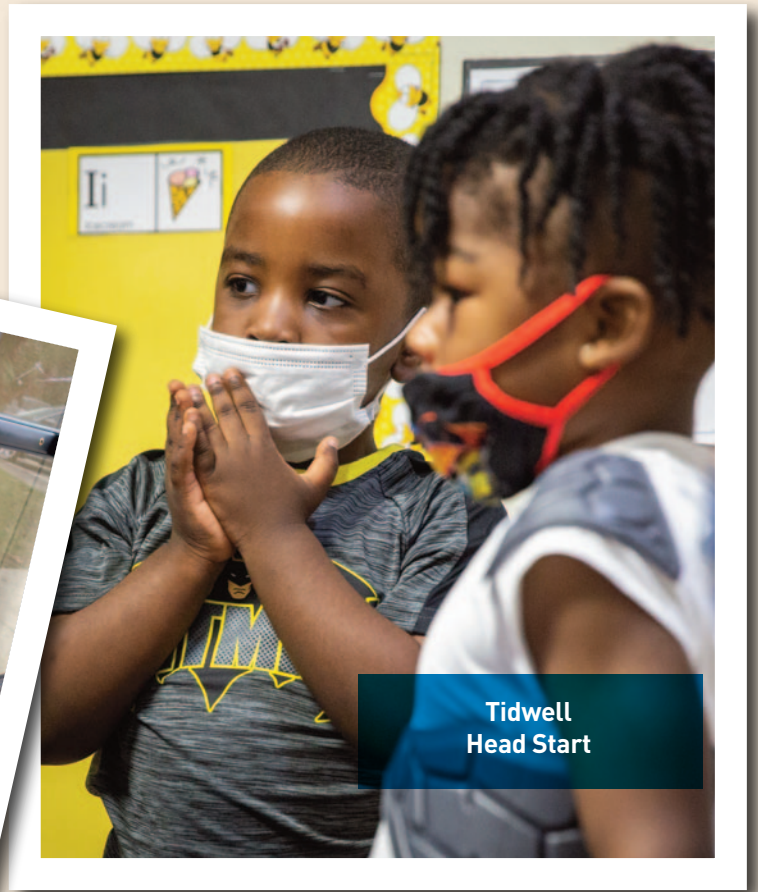
También quiero aprovechar esta oportunidad para decir "gracias" a todo el personal de Head Start y la división de apoyo dentro de HCDE. Ha sido un verano extremadamente ocupado con muchas adaptaciones a lo largo del mismo. Me gustaría expresar mi gratitud a nuestro equipo por el excelente trabajo que realizan diariamente.

¡Trabajemos todos juntos para mantenernos seguros y hacer que este sea un año escolar exitoso!

El impacto de Head Start debe ser celebrado

Todas las formas maravillosas en que Head Start ha impactado en los niños y las familias será motivo de celebración durante el Mes de Conciencia de Head Start en octubre. La directora de Head Start, Venetia L. Peacock, dijo que están planeando tener celebraciones en cada campus durante octubre, aunque aún no se ha decidido si serán presenciales o virtuales.

"Este es un momento que nos da la oportunidad de reflexionar sobre los importantes impactos que Head Start ha tenido en los niños y las familias durante generaciones", dijo Peacock. "Queremos aprovechar este mes para destacar lo que nuestro programa Head Start está haciendo para mejorar la preparación escolar de los niños y la comunidad".



Los campus continúan con las medidas de prevención del COVID-19

Pmedidas de seguridad implementadas para prevenir la propagación del COVID-19 seguirán vigentes durante el semestre de otoño. Esto es lo que los padres, el personal y los estudiantes pueden esperar.

- Es obligatorio el uso de máscaras para todos los visitantes, el personal y los estudiantes mayores de 2 años.
- Los estudiantes, y los empleados deben completar una evaluación de síntomas antes de entrar en el campus.
- Los padres deben seguir las instrucciones para dejar y recoger a sus hijos.
- Las comidas se servirán en platos individuales.
- Se suspende el cepillado de dientes hasta nuevo aviso.
- Las aulas podrán volver a ser de tamaño completo.
- Los estudiantes permanecerán con el mismo cuidador durante el día.
- Se restringirá el número de personas permitidas en los campus.
- Se mantendrán los cronogramas de limpieza y desinfección.
- Los empleados y proveedores de servicios deberán seguir los procedimientos de entrada antes de venir a los campus.
- SuperMENtors y Community Readers podrán ser virtuales.
- Las oportunidades de voluntariado de los padres deben ser aprobadas con anticipación.
- El Comité de Padres, la Conexión Familiar, las Visitas al Hogar y las Reuniones de Padres y Maestros serán virtuales por el semestre de otoño. Las reuniones del Consejo de Políticas serán presenciales y virtuales.

Los programas de alfabetización necesitan voluntarios

Dos SuperMENTors de largo tiempo dijeron que están deseando leer en persona este año, dependiendo de los protocolos de seguridad del COVID-19. Pero incluso si vuelve a ser virtual, estarán allí. Stefan Skinner, voluntario de Fonwood, y Chris Frey, voluntario de Fifth Ward, dijeron que el programa de alfabetización que lleva hombres a las aulas ha sido gratificante para ellos personalmente y para los niños a los que leen.

"Leer a los niños te pone al nivel de lo que ven, escuchan y comunican y de lo que ocurre en su mundo", dijo Skinner, ministro de la juventud.

Ahora en su quinto año como SuperMENTor a través de su trabajo en el Banco de Texas, Frey dijo que el programa de alfabetización también promueve la oportunidad del Banco de Texas para apoyar la educación en la primera infancia.

El programa SuperMENTor necesita que más hombres como Frey y Skinner se comprometan a realizar una actividad de lectura una vez al mes durante el año escolar, en un esfuerzo por impulsar la alfabetización de la primera infancia y llevar voluntarios hombres a las aulas. También existe la posibilidad de leer a los estudiantes de Head Start en eventos especiales, gracias a Community Readers, una nueva iniciativa. Se invita a las personas de la comunidad a leer a los estudiantes solo dos veces en el año escolar, durante el Mes de Concienciación de Head Start en otoño y la Semana del Niño Pequeño en primavera. Para ofrecerse para cualquiera de los dos programas, comuníquese con un Administrador de Campus.



El Consejo de Políticas y los Comités de Padres lo necesitan

Animamos a los padres nuevos y a los ya existentes a que asistan a las reuniones del Comité de Padres del campus y a que consideren la posibilidad de ser Representante del Consejo de Políticas para su campus. Las reuniones del Comité de Padres dan a los padres la oportunidad de saber lo que está sucediendo en su campus y conocer a otros padres y al personal, mientras que los Representantes del Consejo de Políticas están involucrados en la toma de decisiones de HCDE Head Start en su conjunto.

El Consejo de Políticas es el órgano de gobierno de HCDE Head Start, que toma decisiones sobre todo, desde presupuestos y dotación de personal hasta política y procedimientos. Está formado por representantes de los padres elegidos de cada campus, así como socios de la comunidad. Las reuniones se realizan el tercer martes del mes. Si las reuniones son presenciales, se proporciona servicio de guardería y cena, y se reembolsa el kilometraje.

Los representantes del Consejo de Políticas actúan como intermediarios entre su campus y el Consejo de Políticas. Informan al Comité de Padres de su campus, que está abierto a todos los padres de ese campus. Las reuniones del Comité de Padres, programadas una vez al mes, son para discutir asuntos y eventos que afectan directamente al campus. Para obtener información, comuníquese con un Administrador de Campus.

La satisfacción de los padres, clave para el reclutamiento

Tras ver los progresos de sus hijos en Head Start, dos padres no podían dejar de recomendarlo. Gilberto Camacho dijo que los programas Humble Early Head Start y Head Start proporcionaron el entorno adecuado y el apoyo y la intervención necesarios para su hija de 3 años y su hijo de 5, ambos autistas. Dijo que han hecho un excelente progreso. Barbara continuará en Head Start, mientras que Milo pasará a kínder en Humble ISD.

Sin trabajo, David Veliz encontró el cuidado infantil de bajo costo que necesitaba para su hijo Joseph de 2 años en Purpose Kids, un socio de cuidado infantil de Early Head Start. Dijo que ha sido una buena experiencia para su hijo, que tiene retraso en el habla.

Los coordinadores de servicios familiares quieren reclutar a más familias como la de Camacho y Veliz. Entre todos reclutan a bebés y niños de hasta 5 años para 21 campus, 11 de los cuales incluyen Early Head Start. El reclutamiento adopta muchas formas, pero el boca a boca es una poderosa herramienta de reclutamiento, y las experiencias positivas de Camacho y Veliz son de gran ayuda. Las plazas financiadas con fondos federales son gratuitas para las familias que califican. **Para aplicar, visite www.hcde-texas.org/head-start o llame al 713-672-9343.**

Early Head Start sigue creciendo

La expansión del programa Early Head Start continúa sin cesar con la adición de servicios en Barrett Station, Humble y dos guarderías privadas asociadas. Con ello, los programas EHS llegan a cinco dentro de los centros Head Start existentes. Incluyen los programas Tidwell y La Porte, de reciente apertura, y Baytown, que se inauguró hace cinco años. Entre todos ellos, los centros EHS tienen 268 plazas.

Las asociaciones de HCDE Head Start con Community Partners Early Childhood Development Center y Successful Starters Learning Academy Number II llevan a seis el número total de asociaciones con guarderías privadas.

EHS es un programa financiado por el gobierno federal para familias de bajos ingresos que atiende a niños menores de 3 años y a sus familias. Los servicios se adaptan a las necesidades de los bebés y niños pequeños y proporcionan apoyo a sus familias, para ayudarlas a avanzar hacia la autosuficiencia. El programa promueve el desarrollo físico, cognitivo, social y emocional de los bebés y niños pequeños a través de un cuidado seguro y enriquecedor para el desarrollo. Esto prepara a los niños para un crecimiento y desarrollo continuos en la escuela y en la vida.

¡APUNTE ESTAS FECHAS!

SEPTIEMBRE

6Feriado del Día del Trabajador (Campus Cerrados)
7-21Evaluaciones de estudiantes
28.....Reunión del Consejo de Políticas

OCTUBRE

5Capacitación del Consejo de Políticas
12Capacitación del Consejo de Políticas
14-15Reuniones de padres y maestros
18Día de desarrollo del personal (Campus Cerrados)
18-28Eventos de Concienciación de
Head Start del Campus
19.....Reunión del Consejo de Políticas
29Evento de Concienciación de Head Start

NOVIEMBRE

10Día de desarrollo del personal(Campus Cerrados)
15-19Festival de la cosecha
16.....Reunión del Consejo de Políticas
19Salida temprano (Solo Campus Head Start)
22-26Receso por Acción de Gracias
(Campus Cerrados)

DICIEMBRE

14.....Reunión del Consejo de Políticas
17Salida temprano (Solo Campus Head Start)
20-31Vacaciones de invierno (Campus Cerrados)

Consulte con un Administrador de Campus para conocer detalles sobre estos y otros eventos ya que las fechas pueden variar según cada campus.

¡La asistencia es importante!

A medida que el nuevo año escolar se pone en marcha, el personal de Head Start quiere que los padres entiendan que mantener una buena asistencia y llegar a tiempo es fundamental para el desarrollo y el éxito de su hijo, no solo en Head Start y Early Head Start sino en el futuro. Además, la asistencia es fundamental para la agencia de Head Start, que tiene que cumplir ciertos requisitos para poder recibir fondos y ayudar a las familias.

Los primeros 45 días del semestre de otoño son especialmente importantes, ya que se realizan exámenes de desarrollo para evaluar las necesidades educativas de cada niño. Más allá de eso, los niños que llegan a tiempo y vienen todos los días se adaptan más rápidamente, están más comprometidos, desarrollan buenos hábitos y tienen mejores resultados de aprendizaje.

Para garantizar que todos los estudiantes estén preparados para la escuela y que se cumplan los requisitos de financiación federal, HCDE Head Start tiene que controlar la inscripción y la asistencia. Se requiere que los estudiantes estén presentes al menos el 85 % del tiempo para acceder a todos los beneficios de Head Start. Si la asistencia regular se convierte en un problema, el personal del campus trabajará con los padres para ayudar a mejorar la asistencia de su hijo. Los padres cuyos hijos van a estar ausentes deben comunicarse con el campus y proporcionar una nota del médico si fuese necesario.



Hábitos saludables para toda la vida

Ahora más que nunca, con el COVID-19 todavía entre nosotros, es fundamental mantener a los niños sanos y seguros. Con esto en mente, HCDE Head Start celebrará el Día de la Salud Infantil el 4 de octubre para recordar a las familias que deben incorporar hábitos saludables en su vida diaria y hacer todo lo posible para prevenir las enfermedades infantiles.

"Los niños merecen estar sanos más allá de sus circunstancias, tanto física como mentalmente", dijo Tanesha Townsend, Coordinadora de Servicios de Salud. "El Día Nacional de la Salud Infantil es un día perfecto para incorporar hábitos saludables en sus vidas".

He aquí algunos consejos que los padres pueden llevar a cabo para ayudar a sus hijos a mantenerse sanos y activos:

- Jugar al aire libre.
- Salir a caminar.
- Andar en bicicleta.
- Estar al día con las vacunas.
- Programar controles de rutina.
- Modelar hábitos saludables, como comer verduras.

Asociación impulsa las guarderías privadas

La propietaria de Let's Learn en Baytown dice que ha podido mejorar y potenciar sus servicios gracias a la Asociación de Cuidado Infantil Early Head Start (EHS-CCP) de HCDE. Danielle Paul comenzó un servicio de guardería desde su casa en Baytown hace 16 años y lo ha convertido en un negocio próspero. Sin embargo, dijo que asociarse con Early Head Start hace seis años le ha permitido ofrecer un currículo basado en la investigación, proporcionar formación al personal y comprar nuevos equipos, todo lo cual beneficia no solo a los estudiantes de Head Start, sino a todos sus cargos.

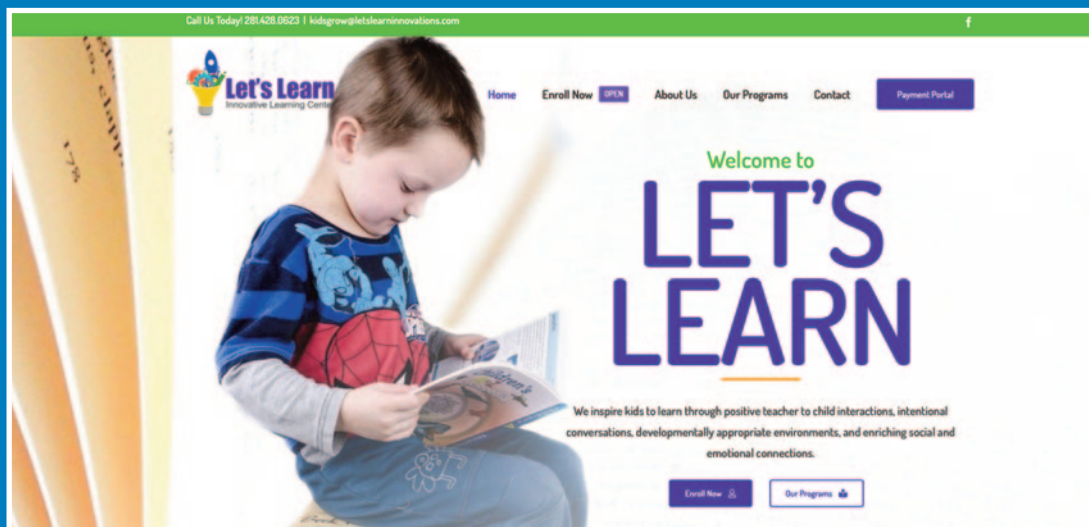
En la actualidad, Paul es propietaria del edificio que empezó alquilando y ha agregado dos nuevas aulas, con un total de cinco. Atiende a unos 80 niños de seis semanas a 12 años. Como EHS-CCP, Paul tiene ocho plazas de Early Head Start.

"Como atendemos a familias de bajos ingresos, cuando llegó Head Start pudimos ofrecer más", dijo Paul. "Ha sido útil en todos los aspectos, para nuestros niños y para la comunidad".

Let's Learn es una de las seis guarderías privadas del área de Houston que están asociadas a Early Head Start.



Danielle Paul - Site Director
Let's Learn Innovative
Learning Center



CAMPUS DIRECTORY

HARRIS COUNTY DEPARTMENT OF EDUCATION HEAD START

6300 Irvington Blvd., Houston, TX 77022 **713-672-9343**

HCDE Head Start Mission and Vision: To improve school readiness for children, families and the community | To create a learning environment of excellence dedicated to positively impacting our children, families, employees, community partners and society | Para mejorar la preparación para la escuela para niños, familias y la comunidad | Para crear un ambiente de aprendizaje excelente dedicado a impactar a los niños, familias, empleados, socios de la comunidad y la sociedad.

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Superintendent

James Colbert, Jr.

Assistant Superintendent

Jonathan M. Parker

Senior Director

Venetia L. Peacock

Assistant Director Early Head Start CCP

Jamese Stancill

Assistant Director of Operations

Lisa Boone

Assistant Director of Compliance and Family Services

Gulshan Rahman

Community Partnerships Manager

Armando Rodriguez

Operations Manager

Suzanne Cates

Compliance Manager

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Health and Family Services Manager

Jasmine Imo

Compliance

Ishan Rajani

Education

Ramona Burton

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Family Services

Daniela Gonzalez

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Cesilia Pereira

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Operations

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2021 HCDE Board Members

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David Brown

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Amy Hinojosa

2021 Head Start Newsletter Team

Production Manager

Armando Rodriguez

Editor

Annette Baird

Designer

Jim Cunningham

BARRETT STATION 11901 Mulberry St., Crosby, TX 77532
Norma Starr, Campus Mgr.
713-696-3119

BAYTOWN 317 Massey Tompkins Rd.,
Baytown, TX 77521
Valerie Stephens, Campus Mgr.
713-696-3120

CHANNELVIEW 16102 Ridlon, Channelview, TX 77530
Cynthia Johnson, Campus Mgr.
713-696-1852

COMPTON 9720 Spaulding St., Houston, TX 77016
Merevonna Ross-Daniel, Campus Mgr.
713-635-4142

COOLWOOD 767 Coolwood Dr., Houston, TX 77013
CLOSED FOR CONSTRUCTION

DOGAN 4202 Liberty Rd., Houston, TX 77026
Marie Angelica Barcus, Campus Mgr.
713-672-0207

FIFTH WARD 4014 Market St., Houston, TX 77020
Traci Houston, Campus Mgr.
713-237-0264

FONWOOD 9709 Mesa Dr., Houston, TX 77078
Markeysha Hinderman, Campus Mgr.
713-556-3830

HUMBLE 130 Atascocita, Humble, TX 77396
Lisa Ntabaazi, Campus Mgr.
713-696-3121

J.D. WALKER 7613A Wade Rd., Baytown, TX 77521
Lisa Wells, Campus Mgr.
713-696-3122

LA PORTE 927 South 1st St., La Porte, TX 77571
Nadia Epps, Campus Mgr.
713-696-3123

PUGH 1042 Henke St., Houston, TX 77020
Catherine Jones, Campus Mgr.
713-675-6222

SHEFFIELD 14300 Wallisville Rd., Houston, TX 77049
Sherry Eagleton, Campus Mgr.
713-450-3813

TIDWELL 8302 John Ralston Rd., Houston, TX 77044
Carla LeVeaux, Campus Mgr.
713-696-3124